



Cindy's Clips

This Week's Words to Think About

“A flower does not think of competing with the flower next to it. It just blooms.”

Zenkei Shibayama



Just an FYI. The 90-day art exhibit will return after the elevators have been replaced.



Fireside Chat

Wednesday, March 11 from 1:00pm-2:00pm I will be in the Fireplace Lounge. Stop by and say hello.

Fraud Alert

Please be careful when you give out any personal information over the phone. If someone claiming to be from the Social Security Office calls you and asks personal information, please don't give it to them. Hang up and call the Social Security Office yourself. That way you can verify that it really is a legitimate request for information.





Thornton Oaks

Retirement Community

3-6-2026



Sunday, March 8 Daylight Savings goes into effect. Don't forget to move your clocks forward 1 hour. You might want to do it before you go to bed on Saturday night. Your cell phones will switch to Daylight Savings on their own.

Wednesday, March 11 Lorel Nazzaro will be at Thornton Oaks to play the violin. Come to the Merrymeeting Room at 2:00pm to enjoy the performance.



Thursday, March 12 the Woodwind Quartet will be in the Merrymeeting Room at 2:00pm. Listen to the sounds of the flute, oboe, bassoon and clarinet.



Thursday, March 12 the dietitian from Spectrum Generations will be in the conference room from 9:00am-3:00pm to meet individually with residents. She will talk to you about your eating habits and dietary needs.

If you are interested RSVP for a time slot.