



## Cindy's Clips

This Week's Words to Think About

“If you have a garden and a library, you have everything you need.”

Marcus Tullius Cicero



### Bowdoin Round Circle Discussion

Don't miss this long-awaited event that was rescheduled from September. Whitney and Katherine, from Bowdoin College, will be here to facilitate the round circle discussion. The method is something that they developed and use with the students and staff at Bowdoin College. The program begins at 1:00pm on Friday, November 1 in the Merrymeeting Room.





# Thornton Oaks

Retirement Community

Join us on Tuesday, October 29 for a friendly game of trivia. The staff and residents will test their knowledge. It all begins at 3:00pm in the Merrymeeting Room.



**Clocks Get Set Back**  
As we move into fall and winter we set our clocks back an hour on Sunday, November 3. Set your clocks before you go to bed so you wake up to the correct time.



## All Hallow's Eve - Thursday, October 31

The holiday originally celebrated the time of the year where we remember the dearly departed, including saints. Today it is associated with candy, dressing up, the macabre and supernatural.

The celebration at Thornton Oaks will begin with the dog costume parade at 2:00pm. Come to the front circle to see the dogs all dressed up with their humans in tow.

Then move into the Merrymeeting Room where the staff is sure to entertain you with their Halloween skit. Be prepared to laugh.

You all get to join in on the fun. Wear your favorite Halloween costume and compete for one of the prizes that will be awarded that day.

