



## Cindy's Clips

This Week's Words to Think About

“Forgive others, not because they  
deserve forgiveness, but because you  
deserve peace”

Jonathan Lockwood Huie



Lyme Treatment

Monday, October 21 the lawns will  
have their fall Lyme treatment to  
get ready for the winter.

Annual Budget Meeting

Join us at 2:00pm on Thursday,  
October 24 in the Merrymeeting  
Room for an informational  
presentation of the 2025 budget. You  
will receive a copy of the budget in  
your cubbies on Friday, October 18.



Dr. Bowe Presentation

On Friday, October 25 Dr. Bowe, CEO  
of Mid-Coast Parkview Hospital and  
President of the Thornton Oaks  
Homeowners Corporation Board of  
Directors will give a presentation on  
the Governance and Operating  
Structure of Thornton Oaks. It will  
begin at 2:00pm in the  
Merrymeeting Room



# Thornton Oaks

## Retirement Community

### Woodstock Revival

Don't miss The Rock-its as they perform some classic oldies from Woodstock, which is celebrating its 55th anniversary. It all happens on Tuesday, October 22 at 2:00pm in the Merrymeeting Room.



### Celtic Music

Gail Johnson and Shana Aisenberg will be at Thornton Oaks on Wednesday, October 23 at 2:00pm to perform traditional Celtic music. You don't want to miss this show. It will be in the Merrymeeting Room.

### Flu & COVID Shot Clinic

Don't forget if you signed up for your flu shot/COVID booster the clinic is Wednesday, October 23 from 9:00am-1:00pm in the Merrymeeting. Note what time you signed up for in the book. If we are running ahead we will be calling you to come down sooner.



### What is a Stroke?

Join New England Rehab on Monday, October 21 at 2:00pm to learn what you can do to prevent a stroke. They will also give you suggestions on what to do if someone around you is having a stroke and different treatments. This will all be in the Merrymeeting Room.

### A Note From the Dining Room

The carpets in the dining room will be professionally cleaned on Tuesday, October 22. We will not be serving lunch that day. Dinner will have regular service.



### Just an FYI

If you are using real pumpkins as decorations outside your door, please put some kind of plate or bowl under them. This will avoid a potential mess on the floor outside your door.