



## Cindy's Clips

This Week's Words to Think About

“Not what we have but what we enjoy,  
constitutes our abundance.”

Epicurus



We have eclipse glasses in the office. If you would like a pair, please see Sherri or Eka.

4th Annual Wellness Fair/Levels of Care Panel  
On Wednesday, April 3 from 1:00pm-2:00pm don't miss the opportunity to meet with vendors, get information, and have a chance to get your questions answered. There will be vendors such as Chickadee Physical Therapy, Waves Mobile Foot Care RN, Neighbors, and many more.

From 2:00pm-3:00pm we will have a panel presentation on “Transitions of Care: What are steps for rehabilitation care after hospitalization and who does what?”

Drawings for prizes will be at 3:15pm.





# Thornton Oaks

## Retirement Community

### David Hockney Art DVD

Tuesday, April 2 the art committee will be showing a movie about the English painter David Hockney. You will learn the amazing contributions that he made to pop art in the 1960's. The movie will begin at 2:00pm in the Merrymeeting Room.



### Art Show Opening

The First Light Camera Club will be at Thornton Oaks on Thursday, April 4 to talk about their photography. The speakers will start in the Merrymeeting Room at 3:00pm with a reception to follow.

### Lighthouse Jubilees

Don't miss the ladies of Lighthouse Jubilees as they perform on Friday, April 5 at 2:00pm in the Merrymeeting Room. They will be singing oldies but goodies and some favorites.



### Power Outage Notes

We understand the power outages are difficult but there are reasons why we are careful about what gets plugged into the outlets in the hallway. Our generator is designed to keep our kitchen equipment and elevator operational. It also allows us to have heat and lights in the dining room and common areas. It is not designed to run multiple refrigerators, microwaves and other small appliances. If the load becomes too much the generator will break. In addition, when you plug multiple extension cords into each other it becomes a fire hazard. Please help us keep everyone safe during these difficult times.